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FORM 4			UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549											OMB APPROVAL		
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).			STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940										OMB Number: 3235-0287 Estimated average burden hours per response: 0.5			
1. Name a	nd Address of	2. Issuer Name and Ticker or Trading Symbol 5. Relationship of Reporting Person(s) to Issuer														
<u>O'Rour</u>	<u>ke Scott</u>			ZeroFox Holdings, Inc. [ZFOX]							Director 10% Owner					
(Last) (First) C/O ZEROFOX HOLDINGS, INC. 1834 CHARLES STREET			(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 08/03/2022							X Oncer (give the Conter (specify below) below) below) Chief Revenue Officer				
(Street) BALTIMORE			21230		4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person				
(City) (State)			(Zip)		Forr Pers								n filed by More than One Reporting son			
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																
1. Title of Security (Instr. 3)				2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year		Code (Inst	Transaction Code (Instr. 8)		ities Acquired (A) or d Of (D) (Instr. 3, 4 and 5		ly (D) llowing (I) (Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
								Code V	Amount	(A) or (D)	Price	Transactio (Instr. 3 ar				
			Table II - D (e					juired, Dis s, options,				Owned				
Derivative Conversion Da		3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date if any (Month/Day/Yea	Code (Instr.		Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)			
Employee Stock Option (right to buy)	\$0.49	08/03/2022		A ⁽¹⁾⁽²)	50,098		(3)	10/28/2025	Common Stock	50,098	(1)(2)	50,098	D		
Employee Stock Option (right to buy)	\$ 0.6	08/03/2022		A ⁽¹⁾⁽²		42,941		(4)	01/27/2026	Common Stock	42,941	(1)(2)	42,941	D		
Employee Stock Option (right to buy)	\$0.7	08/03/2022		A ⁽¹⁾⁽²)	247,056		(5)	02/14/2027	Common Stock	247,056	(1)(2)	247,056	D		
Employee Stock Option (right to buy)	\$0.98	08/03/2022		A ⁽¹⁾⁽²)	143,138		(6)	03/05/2029	Common Stock	143,138	(1)(2)	143,138	D		
Employee Stock Option (right to buy)	\$0.98	08/03/2022		A ⁽¹⁾⁽²)	97,334		(7)	03/05/2029	Common Stock	97,334	(1)(2)	97,334	D		
Employee Stock Option (right to buy)	\$1.09	08/03/2022		A ⁽¹⁾⁽²)	5,725		(8)	11/20/2029	Common Stock	5,725	(1)(2)	5,725	D		
Employee Stock Option (right to buy)	\$1.23	08/03/2022		A ⁽¹⁾⁽²)	5,725		(9)	05/14/2030	Common Stock	5,725	(1)(2)	5,725	D		
Employee Stock Option (right to buy)	\$1.23	08/03/2022		A ⁽¹⁾⁽²)	1,431		(10)	05/14/2030	Common Stock	1,431	(1)(2)	1,431	D		
Employee Stock Option (right to buy)	\$2.24	08/03/2022		A ⁽¹⁾⁽²		85,883		(11)	03/01/2031	Common Stock	85,883	(1)(2)	85,883	D		
Employee Stock Option (right to buy)	\$8.25	08/03/2022		A ⁽¹⁾⁽²)	71,569		(12)	02/01/2032	Common Stock	71,569	(1)(2)	71,569	D		

Explanation of Responses:

1. Received in connection with the closing on August 3, 2022 of the transactions contemplated by the Business Combination Agreement, dated as of December 17, 2021, by and among L&F Acquisition Corp., a Cayman Islands exempted company, which domesticated as a Delaware corporation with the name ZeroFox Holdings, Inc. (the "Company"), L&F Acquisition Holdings, LLC, a Delaware limited liability company and direct, wholly-owned subsidiary of the Company ("L&F Holdings"), ZF Merger Sub, Inc., a Delaware corporation and direct, wholly-owned subsidiary of L&F Holdings ("ZF Merger Sub"), IDX Merger Sub, Inc., a Delaware corporation and direct, wholly-owned subsidiary of L&F Holdings ("IDX Merger Sub"), IDX Merger Sub"), IDX Forward Merger Sub, LLC, a Delaware limited liability company and direct, wholly-owned subsidiary of L&F Holdings ("IDX Forward Merger Sub"), IDX Forward Merger Sub, LLC, a Delaware limited liability company and direct, wholly-owned subsidiary of L&F Holdings ("IDX Forward Merger Sub"), IDX Forward Merger Sub, LLC, a Delaware limited liability company and direct, wholly-owned subsidiary of L&F Holdings ("IDX Forward Merger Sub"), IDX Forward Merger Sub, LLC, a Delaware limited liability company and direct, wholly-owned subsidiary of L&F Holdings ("IDX Forward Merger Sub"), IDX Forward Merger Sub, LLC, a Delaware limited liability company and direct, wholly-owned subsidiary of L&F Holdings ("IDX Forward Merger Sub"), IDX Forward Merger Sub, LLC, a Delaware limited liability company and direct, wholly-owned subsidiary of L&F Holdings ("IDX Forward Merger Sub"), IDX Forward Merger Sub, LLC, a Delaware limited liability company and direct, wholly-owned subsidiary of L&F Holdings ("IDX Forward Merger Sub"), IDX Forward Merger Sub, LLC, a Delaware limited liability company and direct, wholly-owned subsidiary of L&F Holdings ("IDX Forward Merger Sub"), IDX Forward Merger Sub, LLC, a Delaware limited liability company and direct, wholly-owned subsidiary of L&F Holdings ("IDX Forward Merger Sub"), IDX Forward

2. (Continued from Footnote 1) a Delaware corporation ("ZeroFox"), and ID Experts Holdings, Inc., a Delaware corporation ("IDX"), pursuant to which (i) ZF Merger Sub merged with and into ZeroFox (the "ZF Merger"), with ZeroFox being the surviving company in the ZF Merger and continuing as a direct, wholly-owned subsidiary of L&F Holdings, (ii) immediately following the ZF Merger, IDX Merger Sub merged with and into IDX (the "IDX Merger"), with IDX being the surviving company in the IDX Merger ("Transitional IDX Entity") and continuing as a direct, wholly-owned subsidiary of L&F Holdings, and (iii) immediately following the IDX Merger, Transitional IDX Entity merged with and into IDX Forward Merger Sub (the "IDX Forward Merger"), with IDX Forward Merger Sub being the surviving company in the IDX Forward Merger and continuing as a direct, wholly-owned subsidiary of L&F Holdings, and (iii) immediately following the IDX Merger, Transitional IDX Entity merged with and into IDX Forward Merger Sub (the "IDX Forward Merger"), with IDX Forward Merger Sub being the surviving company in the IDX Forward Merger and continuing as a direct, wholly-owned subsidiary of L&F Holdings.

3. 50,098 options have vested as of August 3, 2022.

4. 42,941 options have vested as of August 3, 2022.

5. 247,056 options have vested as of August 3, 2022.

6. 116,299 options have vested as of August 3, 2022 and the remaining options will vest as follows: (i) 8,946 options will vest on September 1, 2022; (ii) 8,946 options will vest on December 1, 2022; and (iii) 8,947 options will vest on March 1, 2023.

7. 60,833 options have vested as of August 3, 2022 and the remaining options will vest as follows: (i) 6,083 options will vest on October 31, 2022; (ii) 6,084 options will vest on January 30, 2023; (iii) 6,083 options will vest on April 30, 2023; (iv) 6,084 options will vest on July 31, 2023; (v) 6,083 options will vest on October 31, 2023; and (vi) 6,084 options will vest on January 30, 2023; (iii) 6,083 options will vest on April 30, 2023; (iv) 6,084 options will vest on July 31, 2023; (v) 6,083 options will vest on October 31, 2023; and (vi) 6,084 options will vest on January 30, 2024.

 $8.\ 5,725$ options have vested as of August 3, 2022.

9. 3,578 options have vested as of August 3, 2022 and the remaining options will vest as follows: (i) 358 options will vest on November 1, 2022; (ii) 358 options will vest on February 1, 2023; (iii) 358 options will vest on May 1, 2023; (iv) 358 options will vest on August 1, 2023; (v) 358 options will vest on November 1, 2023; and (vi) 357 options will vest on February 1, 2024.

10. 1,431 options have vested as of August 3, 2022.

11. 26,838 options have vested as of August 3, 2022 and the remaining options will vest as follows: (i) 5,367 options will vest on September 1, 2022; (ii) 5,368 options will vest on December 1, 2022; (iii) 5,368 options will vest on December 1, 2022; (iii) 5,368 options will vest on December 1, 2022; (iii) 5,368 options will vest on June 1, 2023; (v) 5,367 options will vest on September 1, 2023; (vi) 5,368 options will vest on December 1, 2023; (vii) 5,368 options will vest on March 1, 2024; (viii) 5,368 options will vest on June 1, 2024; (ix) 5,368 options will vest on September 1, 2024; (vi) 5,368 options will vest on March 1, 2024; (vii) 5,368 options will vest on March 1, 2024; (vii) 5,368 options will vest on March 1, 2024; (vii) 5,368 options will vest on March 1, 2023; (vi) 4,473 options will vest on September 1, 2023; (iii) 4,473 options will vest on August 1, 2023; (vi) 4,473 options will vest on March 1, 2023; (vi) 4,473 options will vest on February 1, 2023; (vi) 4,473 options will vest on August 1, 2024; (viii) 4,473 options will vest on November 1, 2024; (viii) 4,473 options will vest on February 1, 2024; (vi) 4,473 options will vest on August 1, 2024; (viii) 4,473 options will vest on November 1, 2025; (vi) 4,473 options will vest on May 1, 2025; (vii) 4,473 options will vest on August 1, 2025; (viii) 4,473 options will vest on November 1, 2025; (viii) 4,473 options will vest on May 1, 2025; (vi) 4,473 options will vest on November 1, 2025; (viii) 4,473 options will vest on May 1, 2025; (vii) 4,473 options will vest on November 1, 2025; (viii) 4,473 options will vest on November 1, 2025; (vi) 4,473 options will vest on May 1, 2025; (vii) 4,473 options will vest on November 1, 2025; (viii) 4,473 options will vest on November 1, 2025; (viii) 4,473 options will vest on November 1, 2025; (viii) 4,473 options will vest on November 1, 2025; (viii) 4,473 options will vest on November 1, 2025; (viii) 4,473 options will vest on November 1, 2025; (viii) 4,473 options will vest on November 1, 2025; (viii) 4,

Remarks:

<u>/s/ Thomas P. FitzGerald as</u> <u>Attorney-in-Fact</u>

08/05/2022

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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