FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Bender Timothy S					2. Issuer Name <b>and</b> Ticker or Trading Symbol ZeroFox Holdings, Inc. [ ZFOX ]							(Chec	k all app Direc	nship of Reportir I applicable) Director		10% Ov	wner		
(Last)	,	rst) (N	Middle)			3. Date of Earliest Transaction (Month/Day/Year) 08/10/2023							X		Officer (give title below)  CFO and		Other (speci below) Treasurer		
1834 CHARLES STREET					4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable Line)							
(Street)  BALTIM	(Street) BALTIMORE MD 21230												X	X Form filed by One Reporting Person  Form filed by More than One Reporting Person					
(City) (State) (Zip)						Rule 10b5-1(c) Transaction Indication  Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.													
		Table	I - No	n-Deriva	tive S	Secui	rities	Acq	uired,	Dis	posed of	, or B	Benef	ficiall	y Own	ed			
1. Title of Security (Instr. 3)  2. Transact Date (Month/Day				Exec ny/Year) if any		Deemed cution Date, ny nth/Day/Year)					s Acquired (A of (D) (Instr. 3,			Securit Benefic Owned	5. Amount of Securities Beneficially Owned Following		n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A) or (D) Pri		rice	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)
Common Stock 08/10/2					2023				s <sup>(1)</sup> 27,955		D	)	\$1.19	634	634,607 <sup>(2)</sup>		D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	ve   Conversion   Date or Exercise   (Month/Day/Year)   Execution Date, if any		ion Date,	4. Transaction Code (Instr. 8)		of Deriv Secu Acqu (A) of Dispo of (D)			ion Da		7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)		De Se (In	Price of erivative ecurity estr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	re es ally ig d tion(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	Amou or Numb of Share	per					

## **Explanation of Responses:**

- 1. Represents the number of shares required to be sold by the Reporting Person to cover tax withholding obligations in connection with the vesting of restricted stock units. These sales are mandated by the Issuer's election under its equity incentive plans to require the satisfaction of a tax withholding obligation to be funded by a "sell to cover" transaction and do not represent discretionary trades by the Reporting Person.
- 2. Consists of (i) 178,404 shares of common stock and (ii) 456,203 unvested restricted stock units.

/s/ Thomas P. FitzGerald as Attorney-in-Fact

08/14/2023

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.